



Top stories in this newsletter



Marion Reinson



LifeTies

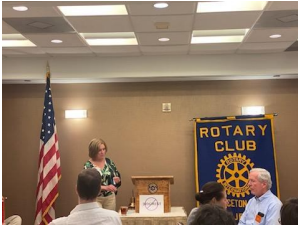


Holiday Party



End of Year celebration

Marion Reinson



12/2/2022 -Our speaker last Friday was Marion Reinson, Executive Director of Eating For Your Health. This is a non-profit organization whose mission is to teach us to discover ways of cooking and eating that better support our health. Marion told us about their programs to teach individuals how to think about and shop for food to better support health. She also talked about a variety of nutritional information and strategies to teach us how to eat more healthy. Their programs can be delivered either virtually or in-person to suit the needs of a particular group.

Thanks for Marion for speaking to our club.

Denise Dryburgh



12/9/2022 -Our speaker earlier in December was Denise Dryburgh who is a business development professional with C Raymond Davis & Sons.

They are a construction management & custom builders firm headquartered in Pennsylvania with an office in Princeton. Denise talked about the numerous projects they have completed in the Mercer County area, including the First Aid & Rescue Squad Building on

Mt. Lucas Road in Princeton and the Performing Arts Building on the Hun School campus in Princeton.

She also talked about a number of complex single family home projects in the local area, all of which were completed with positive comments from the owners, architects and engineers. Thanks to Denise for sharing her insights into the local construction market.

Holiday Party



12/16/2022 -One of the highlights of our year is our holiday luncheon. Many of our members gather together for the last formal meeting of the year. Another tradition is that "Out of the Blue" from West Windsor-Plainsboro High School North comes to entertain our group.

This year is no exception. The group changes from year to year as seniors graduate and new members come on but the quality is always excellent.

Faculty advisor Dr. Ken Carter was on hand to introduce the group. Each member also introduced themselves and the next song to be performed. They have also changed their set list to keep it fresh. As usual

we thank them all for a great performance and wonderful way to celebrate the holiday season.

Happy holidays to all!



Life Ties



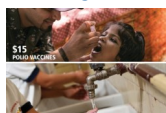
12/15/2022—We are proud to support the LifeTies annual Holiday party. Each year we help Santa distribute gifts and good cheer to the children supported by the organization.

LifeTies is focused on creating programs that offer youths a nurturing, safe environment to heal, learn and grow towards a brighter future. Our youth face numerous challenges. LifeTies works with adolescents to manage and overcome the effects of physical, emotional and sexual abuse. Their support takes many forms including mentoring and transitional and emergency housing.

A good time was had by all. We are honored to help support LifeTies and the important work they do for local youth.



Rotary International—Interact turns 60!



What happens when you give the gift of Rotary?

- We provide Polio vaccines
- Hand washing stations educate students on hygiene
- Hospitals have up-to-date equipment

-Opportunities for local female entrepreneurs are expanded

Give a gift today: <https://on.rotary.org/3uWmR4g>

End of Year party:



We finished this year with a wonderful holiday gathering at Andrea and Gerhard Franz's home. They generously opened their home to our club to share great food and drink, interesting conversations and a lot of fun.

A great time was had by all who attended. We look forward to continuing our service to the local community in 2023. We wish everyone a happy, healthy and safe New Year.



Help Wanted: Position Available



The club is looking to form a committee to work on the growth of the combined chapter. The club is in need of 5 or more volunteers to participate on the marketing committee and work on a campaign to help us grow the chapter and renew the spirit and effectiveness of our group. This committee will work on publicity (including this newsletter), marketing, web strategy, event outreach and recruitment strategies. Anyone interested please contact Ed Keenan, ed@documentdepot.net



Also we need someone to serve as newsletter editor and prepare the newsletter beginning in January as our current editor is moving out of state.

Schedule of Events

In person lunch meetings at the Hyatt for 3 meetings a month (1st 2nd, 3rd Friday.)
4th Friday over zoom, 5th Friday will be a special event

Sunday, January 1 Happy New Year!

Friday, January 6 12:00-1:30PM - Hyatt

Speaker: Business Meeting and Stewardship Reports

Social: Tuesday January 10 4:30 - 6:30PM

Metro North Restaurant

Friday, January 13 12:00-1:30PM— Hyatt

Speaker: Ron Cook, Assoc Dean Rider Graduate Program of Entrepreneurship

Friday, January 20 12:00-1:30PM—Hyatt

Speaker: To be determined

Wednesday, January 25 – 8:00-9:00 AM— Zoom

Board Meeting

Friday, January 27 5:00-7:00pm—zoom

Business Meeting

Member News:

We wish everyone a Happy and Healthy New Year!



Facebook: Check out our chapter's Facebook page and share stories of interest. <https://www.facebook.com/PrincetonCorridorRotaryClub>